Resolved: Social media use is negatively impacting academic achievement.

I affirm the resolution.

Social media pulls students from their studies.

<u>Talaue, et al 2018</u> studied high school student social media use finding it absorbs almost 20% of their time, and only 13.3% of participants stated that social media had no effect on their academic performance.

Khan et al 19 finds another dimension of harm, finding social media has a statistically significant effect on reducing command of language.

It's addicting nature results in a huge distraction for students.

<u>Rice University '23</u> found that 3 out of 4 parents say social media is a major distraction for students. A <u>Pew Research Center</u> study of teens found more than 95% have access to a cellphone, 94% use the internet almost constantly or several times a day and 54% say it would be hard for them to give up social media.

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In a study of college students, instruction on more efficient study techniques was not able to mitigate the negative effects of lost time and distraction on student achievement, establishing social media effects are severe enough that they cannot be taught around.

Social Media destroys the classroom environment

The Washington Post '23 says that Superintendent Bill Wilson, who leads a system of 1,400 students in Brush, Colo., ..., found that nearly all of student discipline issues last year were the result of phones or involved phones. Social media posts and texts during school hours often led to conflicts, bullying or other infractions, he said.

The <u>national bureau of economic research</u> '16 quantifies the damage, finding *each disruptive student* in a class reduces math and reading test scores in grades 9 and 10 by 0.02 standard deviations, and that "One year of exposure to a disruptive peer in childhood decreases the present discounted value of classmates' future earnings by around \$100,000"

Social Media also harms physical health, reducing readiness to learn.

<u>Mayo Clinic</u> explains that can also negatively affect teens, distracting them, disrupting their sleep, and exposing them to bullying, rumor spreading, unrealistic views of other people's lives and peer pressure.